

Chicken Tagine with Apricots & Almonds

INGREDIENTS

- teaspoon ground cinnamon
 teaspoon coriander
 teaspoons salt
 chicken thighs; skin removed, bone-in
 cup fresh cilantro; chopped
 (3-inch) cinnamon stick
- teaspoon ground ginger
 teaspoon cumin
 TBS olive oil
 medium onion; sliced
 cups chicken broth
 cup dried apricots; halved
- ½ teaspoon turmeric
 ½ teaspoon black pepper
 1 TBS unsalted butter
 4 garlic cloves; finely chopped
 2 TBS mild honey
 ¼ cup slivered almonds

DIRECTIONS

Stir together cinnamon, ginger, turmeric, coriander, cumin, pepper, 1 teaspoon salt, and 2 TBS oil in a large bowl. Add chicken and coat well. Heat butter and 1 TBS oil in tagine or skillet over moderate heat. Brown half of chicken, turning over once, 6- 8 minutes. Transfer to a plate. Repeat with remaining chicken, adding any spice mixture left in bowl. Add onion and remaining ¼ teaspoon salt to tagine or skillet and cook, uncovered, stirring frequently, until soft, about 8 minutes. Add garlic and cook, stirring occasionally, 3 minutes. Add cilantro, ½ cup chicken broth, chicken, and any juices accumulated on plate. Reduce heat and simmer, covered, 20 minutes. While chicken cooks, bring honey, remaining broth, cinnamon stick, and apricots to a boil in a saucepan, then reduce heat and simmer, uncovered, until apricots are tender and liquid is reduced to a glaze, 10 to 15 minutes. Ten minutes before chicken is done, add apricot mixture to tagine. Discard cinnamon stick, then serve chicken sprinkled with almonds on top. Makes 6 servings; 240 calories each.